

UPNAA-TX Saturday Event
July 25, 2026
Healthy Aging (Part 2)
Guest Speaker: Dr. Butch Garaygay
Retired General Internist

Program

10:00-10:10am Housekeeping - Marietoni
Prayer - Amor
Introduction - Rosanna
10:10-12:00 Dr. Garaygay's Talk
12:00-1:00pm Lunch service (Servers provide food)
Picture Taking - Debbie
1:00-1:30pm Summary - Dr. Garaygay
Q & A - Dolly
1:30 - 1:45pm Closing Remarks- Arlene
2:00 pm Dismiss